

KELLY WEDEVEN PLLC

CLIENT CONSENT INFORMATION

AVAILABLE SERVICES: Currently I offer services, including individual and family therapy services. Effective psychotherapy is founded on mutual understanding and good rapport between client and therapist. I would be pleased to discuss any questions or concerns you may have.

RISKS AND BENEFITS: Counseling and psychotherapy are beneficial, but as with any treatment, there are inherent risks. During counseling, you will have discussions about personal issues which may bring to the surface uncomfortable emotions such as anger, guilt, and sadness. The benefits of counseling can far outweigh any discomfort encountered during the process, however. Some of the possible benefits are improved personal relationships, reduced feelings of emotional distress, and specific problem solving. These benefits be guaranteed, but it is my desire to work with you to meet your goals.

COUNSELING: Your first visit will be an assessment session in which you and I will discuss your concerns and see if we both agree that I can meet your therapeutic needs, and also develop a plan of treatment. Should you choose not to follow the plan of treatment provided to you by your Therapist, services to you may be terminated.

The goal of counseling is to provide the most effective therapeutic experience available to you. If at any time you feel that you and your current Therapist are not a good fit, please discuss this matter with your Therapist. If you decide that other services would be more appropriate, I will assist you in finding a provider to meet your needs.

Wellness is more than the absence of disease; it is a state of optimal well-being. It goes beyond the curing of illness to achieving health. Through the ongoing integration of our physical, emotional, mental, and spiritual self, each person has the opportunity to create and preserve a whole and happy life. These services are designed to provide clients with an integrated solution for their mind, body, spirit, and life to enhance their lives and resolve issues.

APPOINTMENTS: Appointments are typically scheduled on a weekly basis and range from 45 and 60 minutes long. If you must cancel or reschedule your appointment, I ask that you call the office at 208-841-2318 at least 48 hours in advance, whenever possible. This will free your appointment time for another client.

EMERGENCIES: You may encounter a personal emergency which will require prompt attention. In this event, please contact me and I will make every attempt to schedule you as soon as possible. Because clients may be scheduled back-to-back, it is not always possible to return a call immediately. However, I will make every effort to respond to your emergency in a timely manner. If you are experiencing a life-threatening emergency, call 911 or have someone take you to the nearest emergency room for help.

CONFIDENTIALITY: Kelly Wedeven PLLC follows all ethical standards prescribed by state and federal law. We are required by practice guidelines and standards of care to keep records of your counseling. These records are confidential with the exceptions noted in the Kelly Wedeven PLLC Privacy Practices (available at www.kellywedeven.com under Client Forms).

PROFESSIONAL FEES FOR LEGAL INVOLVEMENT: Kelly Wedeven does not engage in legal matters with/on the behalf of clients. However, if you become involved in legal proceedings for which provider participation is compelled by the court, you will be expected to pay for all the provider's professional time. This applies even if involvement is compelled by another party. Travel time, report and other preparation time, court testimony, wait time at the courthouse, depositions, consultations with attorneys, attendance at any legal proceeding, and any other legal involvement will be billed directly to you at a rate of \$200/hr. A retainer of \$1,000 will be required up front and prior to any provider time being spent on the case. These legal costs are nonrefundable, even in the event the actual testimony or deposition is cancelled, as such activities require extensive preparation regardless of final outcome.

ADMINISTRATIVE FEES: (1) Letter writing, telephone calls and/or electronic communications on behalf of client billed at \$125/hour. (2) Copying notes, assessments or other legal documents (requires written request) billed at: 1-20 pages: \$1.50/page, single sided; 21-60 pages: \$0.25/page, single sided. (3) Mail: bill/charge for excessive postage costs.